

Exhibit 3

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UNITED STATES DISTRICT COURT CASE NO. 1:13-CR-435-1
MIDDLE DISTRICT OF NORTH CAROLINA

Exhibit in attachment to “DECLARATION OF BRIAN DAVID HILL IN SUPPORT OF
DEFENDANT’S MOTION FOR STAY OF JUDGMENT PENDING APPEAL AND
ITS SUPPORTING MEMORANDUM OF LAW”



Patient Name: Brian Hill
Patient DOB: 05/26/1990

Date of Visit: September 11 2019
Seen By: Candice Earp, INP
Location: MedExpress Martinsville W Commonwealth Blvd
105 West Commonwealth Blvd
Martinsville, VA 24112-1806
276-666-5000

VA PREMIER HEALTH PLAN - ELITE PLUS (MEDICAID R

PO BOX 4369
RICHMOND, VA 23220-8369
Policy Holder: BRIAN HILL

Relation:
DOB: 5/26/1990 Effective Date:
Sex: M Type: PRIMARY
Employer:

Patient Name: Brian Hill
310 FOREST ST
MARTINSVILLE, VA 24112
DOB: 05/26/1990 Sex: M
Phone: 276-790-3505

Visit Date:	Description:	Qty
09/11/19	73110 - XRAY-WRIST COMP 3+ VIEWS***	1
09/11/19	73130 - XRAY-HAND COMP 3+ VIEWS***	1

Clinical Summary Report

Chief Complaint

Patient comes in today for a Pain, Wrist. bilateral wrist pain for past few weeks, tingling (SOURCE: Patient)

Allergies

Active: Reviewed Allergies; ranitidine

Vitals

Taken on 09/11/2019 at 4:49 PM:

BP: 113/77 mmHg
PULSE: 80 bpm
RESP: 18 breaths/min
TEMP: 98.4
WEIGHT: 194 lb(88 kg)
HEIGHT/LENGTH: 5 ft 10 in
BMI: 27.835
O2 SAT: 95%
PAIN: 7/10

A/P



Patient Name: Brian Hill
Patient DOB: 05/26/1990

A/P

Carpal tunnel syndrome, right upper limb (354.0, G56.01)

Discharge Instructions: CARPAL TUNNEL|124432

Can take additional Tylenol while taking the medication I prescribed but avoid ibuprofen as this is the same type of medication as (the one I prescribed) it can cause kidney dysfunction if taken simultaneously.

-Make sure to wear a brace that provide adequate support while at work and while at home maintaining a natural position will help lessen the inflammation.

X ray studies reviewed by radiologist and report received prior to the patient being discharged.

Go to the Emergency Department immediately if your symptoms worsen or if you develop new symptoms that concern you.

Return to MedExpress if your symptoms fail to improve in 1-2 weeks.

Elevate injured extremity as much as possible. The injured extremity should be elevated as high as possible, at least above the level of the heart.

Apply ice to injured area for 20 minutes every hour while awake. Never apply ice pack directly against the skin to avoid frostbite. You may use a towel, washcloth, elastic bandage, or layer of clothing to separate the ice pack from the skin.

PRESCRIBED Naprosyn 500 MG tablet: Take 1 tablet (oral) 2 times per day for 15 days; Total Qty: 30 (Thirty) tablet; No refills; Allow substitutions; Earliest Fill Date: 09/11/19

* Prescription sent by e-prescribing to WALGREENS DRUG STORE #12495, 2707 GREENSBORO RD, MARTINSVILLE, VA 24112 Phone (276) 632-0180 on 09/11/2019 17:55:49 by emily.spence

PRESCRIBED prednisone 10 mg tablet: Take 3 tablet (oral) 2 times per day for 5 days for inflammation. TAKE WITH FOOD; Total Qty: 30 (Thirty) tablet; No refills; Allow substitutions; Earliest Fill Date: 09/11/19

* Prescription sent by e-prescribing to WALGREENS DRUG STORE #12495, 2707 GREENSBORO RD, MARTINSVILLE, VA 24112 Phone (276) 632-0180 on 09/11/2019 17:55:49 by emily.spence

Current Meds

ACTIVE: Basaglar KwikPen U-100 Insulin

ACTIVE: Novolog Flexpen U-100 Insulin

ACTIVE: Zolof

Meds Prescribed Today

PRESCRIBED Naprosyn 500 MG tablet: Take 1 tablet (oral) 2 times per day for 15 days; Total Qty: 30 (Thirty) tablet; No refills; Allow substitutions; Earliest Fill Date: 09/11/19 Prescribed by: Candice Earp, INP Start Date: 09/11/19

PRESCRIBED prednisone 10 mg tablet: Take 3 tablet (oral) 2 times per day for 5 days for inflammation. TAKE WITH FOOD; Total Qty: 30 (Thirty) tablet; No refills; Allow substitutions; Earliest Fill Date: 09/11/19 Prescribed by: Candice Earp, INP Start Date: 09/11/19

help to change the position of your keyboard or add a wrist support. Your wrist should be in a neutral position and not bent back when typing.

- You may use over-the-counter pain medicine to treat pain and inflammation, unless another medicine was prescribed. Anti-inflammatory pain medicines, such as ibuprofen or naproxen may be more effective than acetaminophen, which treats pain, but not inflammation. If you have chronic liver or kidney disease or ever had a stomach ulcer or GI bleeding, talk with your doctor before using these medicines.
- Opioid pain medicine will only give temporary relief and does not treat the problem. If pain continues, you may need a shot of a steroid drug into your wrist.
- If the above methods fail, you may need surgery. This will open the carpal tunnel and release the pressure on the trapped nerve.

Follow-up care

Follow up with your healthcare provider, or as advised, if the pain doesn't begin to improve within the next week.

If X-rays were taken, you will be notified of any new findings that may affect your care.

When to seek medical advice

Call your healthcare provider right away if any of these occur:

- Pain not improving with the above treatment
- Fingers or hand become cold, blue, numb, or tingly
- Your whole arm becomes swollen or weak

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